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Program Schemes for Bachelor of Physical Education and Sports
(B.P.E.S)

Cluster: Liberal Arts and Humanities **Institute:** UIPES **Department:** Physical Education
Type of Program: UG

First Year				Second Year			
	Course Name	**Course Category**	**Credits**		**Course Name**	**Course Category**	**Credits**
Semester-1	Anatomy And Physiology	Program Core	4	**Semester-3**	Educational Technology	Program Core	4
	Introduction To Physical Education	Program Core	4		Kinesiology	Program Core	4
	Olympic Movement	Program Elective	4		Sports Sociology	Discipline Elective	4
	Health Club Management	Program Elective	4		Event Management in Physical Education	Discipline Elective	4
	General English – I	Ability Enhancement	2		General English-III	Ability Enhancement	2
	Games &Amp; Sports-I	Skill Enhancement	2		Gymnastic-III	Skill Enhancement	2
	Drill And Marching	Skill Enhancement	2		Track &Field-III	Skill Enhancement	2
	Gymnastic-I	Skill Enhancement	2		Social Internship	Internship	2
	Track And Field-I	Skill Enhancement	2				
Semester -2	Sports Management	Program Core	4	**Semester-4**	Sports Law	Program Core	4
	Psychology with Special	Program Core	4		Officiating and Coaching	Program Core	4

	Reference to Physical Education						
	Adapted Physical Education	Discipline Elective	4		Sports Club Management	Discipline Elective	4
	Fitness Centre Management	Discipline Elective	4		Sports Sciences	Discipline Elective	4
	General English- II	Ability Enhancement	4		Communication Skills - I	Ability Enhancement	1
	Gymnastic- II	Skill Enhancement	2		Game Specialization- I	Skill Enhancement	2
	Mass Demonstration -II	Skill Enhancement	2		Track &Field- IV	Skill Enhancement	2
	Track & Field-II	Skill Enhancement	2		Teaching Practice-I (Theory Lesson)	Skill Enhancement	2
					Mid-Grade Project-I	Project	1

Third Year				Fourth Year			
	Course Name	**Course Category**	**Credits**		**Course Name**	**Course Category**	**Credits**
Semester-5	Sports Biomechanics	Program Core	4	**Semester-7**	Fundamental of Research in Physical Education	Program Core	3
	Sports Training	Program Core	3		Applied statistics in Physical education &Sports Sciences	Program Core	3
	Professional Ethics in Physical Education	Discipline Elective	3		Yoga Education-I	Program Core	3
	Cardio Pulmonary Resuscitation	Discipline Elective	3		Sports Medicine-II	Discipline Elective	3
	Game	Skill	2		Recreation- I	Discipline	3

	Specialization-II	Enhancement				Elective	
	Gymnastic-v	Skill Enhancement	2		Communication Skills - II	Ability Enhancement	1
	Track &Field- V (General Lesson)	Skill Enhancement	2		Coaching Lesson- I	Skill Enhancement	2
	Teaching Practice-II	Skill Enhancement2	2		Industry Internship	Internship	1
	Domain Internship	Internship	1		Dissertation-I	Research	6
Semester -6	Sports journalism	Program Core	3	Semester-8	Pilot study and Case Study in Research	Program Core	3
	Sports Medicine-I	Program Core	3		Yoga Education II	Program Core	3
	Health Education And Environmental Studies	Program Core	3		Sports Law	Discipline Elective	3
	Rehabilitation in Sports	Discipline Elective	3		Recreation- II	Discipline Elective	3
	Sports Infrastructure Development	Discipline Elective	3		Track &Field-VII	Skill Enhancement	2
	Game Specialization-III	Skill Enhancement	2		Coaching Lesson- II	Skill Enhancement	2
	Gymnastic-VI	Skill Enhancement	2		Dissertation-II	Research	6
	Track &Field-VI	Skill Enhancement	2				
	Teaching Practice-III (Athletics)	Skill Enhancement	2				
	Mid-Grade Project-II	Project	1				

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Elective Basket Name			
Semester	**Course Name**	**Course Category**	**Credits**
1	Olympic Movement	Program Elective	4
1	Health Club Management	Program Elective	4
2	Adapted Physical Education	Program Elective	4
2	Fitness Centre Management	Program Elective	4
3	Sports Sociology	Program Elective	4
3	Event Management in Physical Education	Program Elective	4
4	Sports Club Management	Program Elective	4
4	Sports Sciences	Program Elective	4
5	ProfessionalEthics in Physical Education	Program Elective	3
5	Cardio Pulmonary Resuscitation	Program Elective	3
6	Rehabilitation in Sports	Program Elective	3
6	Sports Infrastructure Development	Program Elective	3
7	Sports Medicine-II	Program Elective	3
7	Recreation- I	Program Elective	3
8	Sports Law	Program Elective	3
8	Recreation- II	Program Elective	3