Program Schemes for BPES (BE-202)

Cluster: Liberal Arts and Humanities **Institute:** UIPES

Department: University Institute of Physical Education and Sports **Type of Program:** UG

SEMESTER-1		
Course Name	**Course Category**	**Credits**
Anatomy And Physiology	ProgramCore	4
Introduction To Physical Education	Program Core	4
General English – I	Ability Enhancement	2
Games &Amp; Sports-I	Skill Enhancement	2
Drill And Marching	Skill Enhancement	2
Game Specialization -I	Skill Enhancement	2
Track And Field-I	Skill Enhancement	2
Program Elective-I	Program Elective	4

SEMESTER-2		
Course Name	**Course Category**	**Credits**
Sports Management	Program Core	4
Psychology with SpecialReference to Physical Education	Program Core	4
General English- II	Ability Enhancement	4
Game Specialization -II	Skill Enhancement	2
Mass Demonstration-II	Skill Enhancement	2
Track &Field-II	Skill Enhancement	2
Program Elective-II	Program Elective	4

SEMESTER-3		
Course Name	**Course Category**	**Credits**
EducationalTechnology	Sports Sociology	4
Kinesiology	Event Management in Physical Education	4
General English-III	Sports Sociology	2
Game Specialization -III	Event Management in Physical Education	2
Track &Field-III	Sports Sociology	2
Social Internship	Event Management in Physical Education	2
Program Elective-III	Program Elective	4

SEMESTER-4		
Course Name	**Course Category**	**Credits**
Methods in Physical Education	ProgramCore	4
Officiating andCoaching	ProgramCore	4
Communication Skills - I	Ability Enhancement	1
Game Specialization- IV	Skill Enhancement	2
Track &Field-IV	Skill Enhancement	2
Teaching Practice-I (Theory Lesson)	Skill Enhancement	2
Mid-Grade Project-I	Project	1
Program Elective-IV	Program Elective	4

SEMESTER-5		
Course Name	**Course Category**	**Credits**
Sports Biomechanics	ProgramCore	4
Sports Training	ProgramCore	3
Gymnastics -I	Skill Enhancement	2
Game Specialization -v	Skill Enhancement	2
Track &Field-v	Skill Enhancement	2
Teaching Practice-II (General Lesson)	Skill Enhancement	2
Domain Internship	Internship	1
Program Elective-V	Program Elective	3

SEMESTER-6		
Course Name	**Course Category**	**Credits**
Sports Journalism	Program Core	3
Sports Medicine-I	ProgramCore	3
Health Education And Environmental Studies	Program Core	3
Gymnastics- II	Skill Enhancement	2
Game Specialization -VI	Skill Enhancement	2
Track &Field-VI	Skill Enhancement	2
TeachingPractice-III (Athletics)	Skill Enhancement	2
Mid-Grade Project-II	Project	1
Program Elective-VI	Program Elective	3

SEMESTER-7		
Course Name	**Course Category**	**Credits**
Fundamental of Research in Physical Education	Program Core	3
Applied statistics in Physical education &Sports Sciences	Program Core	3
Yoga Education-I	Program Core	3
Communication Skills - II	Ability Enhancement	1
Coaching Lesson- I	Skill Enhancement	2
Industry Internship	Internship	1
Dissertation-I	Research	6
Program Elective-VII	Program Elective	3

SEMESTER-8		
Course Name	**Course Category**	**Credits**
Pilot study and Case Study in Research	Program Core	3
Yoga Education II	Program Core	3
Track &Field-VII	Skill Enhancement	2
Coaching Lesson- II	Skill Enhancement	2
Dissertation-II	Research	6
Program Elective-VIII	Program Elective	3

Program Electives			
Semester	**Course Name**	**Course Category**	**Credits**
Sem-1	Olympic Movement	Program Elective	4
	Health Club Management		
Sem-2	Adapted Physical Education	Program Elective	4
	Fitness Centre Management		
Sem-3	Sports Sociology	Program Elective	4
	Event Management in Physical Education		
Sem-4	Sports Club Management	Program Elective	4
	Sports Sciences		
Sem-5	ProfessionalEthics in Physical Education	Program Elective	3
	Cardio Pulmonary Resuscitation		
Sem-6	Rehabilitation in Sports	Program Elective	3
	Test, Measurement and		

	Evaluation In Physical Education		
Sem-7	Exercise Physiology	Program Elective	3
	Recreation- I		
Sem-8	Sports Pedagogy	Program Elective	3
	Sports Nutrition		