CHANDIGARH UNIVERSITY
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Program Schemes for Master of Physical Education and Sports (M.P.E.S)

Cluster: Liberal Arts and Humanities **Institute:** UIPES **Department:** Physical Education
Type of Program: PG

First Year				Second Year			
	Course Name	**Course Category**	**Credits**		**Course Name**	**Course Category**	**Credits**
Semester-1	Physiology Of Exercise	Program Core	4	Semester-3	Scientific Principles of Sports Training	Program Core	4
	Test, Measurement And Evaluation In Physical Education	Program Core	4		Sports Medicine	Program Core	4
	Yogic Sciences	Program Core	4		Applied Statistics in Physical Education and Sports	Program Core	4
	Sports Technology	Program Elective	3		Theory Games-II (Badminton/Hockey/ Volleyball)	Program Core	4
	Health Education And Sports Nutrition	Program Elective	3		Sports Psychology	Program Elective	4
	Track And Field –I	Skill Enhancement	2		Sports Sociology	Program Elective	4
	Games Specialization-I	Skill Enhancement	2		Track and Field III	Skill Enhancement	2
	Communication Skills- I	Ability Enhancement	2		Games Specialization-III (Badminton/Hockey)	Skill Enhancement	2
					Internship	Internship	2
Semester -2	Sports Biomechanics and Kinesiology	Program Core	4	Semester-4	Dissertation	Dissertation	14
	Sports Psychology	Program Core	4		Physical Fitness, Wellness and Sports Nutrition	Program Elective	4
	Research Proposal	Program Core	4		Sports Journalism	Program Elective	4
	Sports Management and Curriculum Designs in Physical Education	Program Elective	4				
	Athletic Care and Rehabilitation	Program Elective	4				

	Communication Skills I	Ability Enhancement	1				
	Track and Field II	Skill Enhancement	2				
	Games Specialization-II	Skill Enhancement	2				

Elective Basket Name			
Semester	**Course Name**	**Course Category**	**Credits**
1	Sports Technology	Program Elective	3
1	Health Education And Sports Nutrition	Program Elective	3
2	Sports Management and Curriculum Designs in Physical Education	Program Elective	4
2	Athletic Care and Rehabilitation	Program Elective	4
3	Sports Psychology	Program Elective	4
3	Sports Sociology	Program Elective	4
4	Physical Fitness, Wellness and Sports Nutrition	Program Elective	4
4	Sports Journalism	Program Elective	4