CHANDIGARH UNIVERSITY
Discover. Learn. Empower.

Program Schemes for MPES (MD-303)

Cluster: Liberal Arts and Humanities **Institute**: UIPES

Department: University Institute of Physical Education and Sports **Type of Program:** PG

SEMESTER-1		
Course Name	**Course Category**	**Credits**
Physiology Of Exercise	Program Core	4
Test, Measurement And Evaluation In Physical Education	Program Core	4
Yogic Sciences	Program Core	4
Track And Field –I	Skill Enhancement	2
Games Specialization-I	Skill Enhancement	2
Communication Skills- I	Ability Enhancement	2
Program Elective-I	Program Elective	3

SEMESTER-2		
Course Name	**Course Category**	**Credits**
Sports Biomechanics and Kinesiology	Program Core	4
Sports Psychology	Program Core	4
Research Proposal	Program Core	4
Communication Skills I	Ability Enhancement	1
Track and Field II	Skill Enhancement	2
Games Specialization-II	Skill Enhancement	2
Program Elective-II	Program Elective	4

SEMESTER-3		
Course Name	**Course Category**	**Credits**
Scientific Principles of Sports Training	Program Core	4
Sports Medicine	Program Core	4
Applied Statistics in Physical Education and Sports	Program Core	4
Theory Games-II (Badminton/Hockey/ Volleyball)	Program Core	4
Track and Field III	Skill Enhancement	2
Games Specialisation-III (Badminton/Hockey)	Skill Enhancement	2
Internship	Internship	2
Program Elective-III	Program Elective	4

SEMESTER-4		
Course Name	**Course Category**	**Credits**
Dissertation	Dissertation	14
Program Elective-IV	Program Elective	4

Program Electives			
Semester	**Course Name**	**Course Category**	**Credits**
Sem-1	Sports Technology	Program Elective	3
	Health Education And Sports Nutrition		3
Sem-2	Sports Management and Curriculum Designs in Physical Education	Program Elective	4
	Athletic Care and Rehabilitation		4
Sem-3	Sports Psychology	Program Elective	4
	Sports Sociology		4
Sem-4	Physical Fitness, Wellness and Sports Nutrition	Program Elective	4
	Sports Journalism		4